

# **INTERNATIONAL WOMENS DAY PROGRAMME**

Great Eastern Medical School & Hospital Women Parliament launch on 08-03-2017.

### Programmes :

Open song: A. Sneha, Manasa, Ramya Priyanka, Rajeshwari)

Theme dance : Pradeepthi, Divya Introduction : Dr. Prasanna Kumari Inauguration of GEMS Women's Parliament & talking on oath, Principal - Dr. I. Jyothi Padmaja Community Medicine HOD address on women empowerment about GEMS & Hospital Women Parliament - Dr. Samina Ausvi Be your own SHE hero – S. Akhila Health & Nutrition of women - A. Sai Ujjwala Role play - BPT Students Women in research and innovation – B. nithya reddy Women in decision making – P. Santoshna Poem on women – A. Sneha Building your own identity - K. Ramya Jyothi Rights of women – Shaik Hameeda Women Empowerment – Prathima Das Role Play – MBBS Students Anchors of the programme - M. Deekshitha, G. Rajeshwari



# GEMS & H WOMEN PARLIAMENT



**President** Dr.I Jyothi Padmaja

Vice-President Dr.Samina Ausvi General Secretary Dr.R.Prasanna Kumari Treasurer Dr.B.Jyotchna Devi

## Advisory Committe

Dr.J.K Patnaik Dr.Havilah Twinkle Dr.Pratima Khatake Dr.B. Radhika Dr.M.Kalayani Mrs.N.Neeraja Rani

### Founder Members

P.Santhoshna Prathima Das

B.Nithya Reddy

M.Deekshitha

A.Sai Ujjawala

A.Sneha

D.Manisha

S.Akhila

K.Ramya Jyothi

Shaik Hameeda











## <u>Proposed activities to be conducted under GEMS</u> <u>Women's Parliament</u>

- 1. Health education particularly personal hygiene and menstrual hygiene
- 2. Premarital advices
- 3. Selection of right age of marriage
- 4. Timing and types for acceptance of contraception
- 5. Mother craft education
- 6. Education on nutritional practices
- 7. Mother as the best manager (home economies planning, management & evaluation.
- 8. Women's safety and fitness \_ (Martial art & Judo karate training) physical exercises for fitness.
- 9. Digital literacy skills in day to day life
- 10. Applied social science & behavioural practives (application wirting, online form filling, banking procedures etc)
- 11. Language learning classes English, Hindi, Telugu
- 12. Advises regarding immunization for girls, mothers and their babies
- 13. "Beti Bachao, Beti Padhao" Campaign
- 14. Awareness about rights of women
- 15. Motivation for involvement in sports
- 16. Vocational guidance and support to needy women
- 17. Unbeatable women of India (Sharing motivational stories)
- 18. Fund raising for academically excellent girls from low socio economies strata by saving some amount from birthday parties of the students.
- 19. Collection of unused clothes and distribution of it to the poor and needy people (old age homes/orphanages)
- 20. Research activities







