



**Great Eastern Medical School  
& Hospital  
Ragolu, Srikakulam – 532484**

***CELEBRATION OF THE 3<sup>RD</sup> INTERNATIONAL  
YOGA DAY ON 21<sup>ST</sup>  
OF JUNE 2017.***



Yoga Day Celebration : Common Yoga Protocol



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Audience for the programme Yoga Day Celebration : Common Yoga Protocol



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Yogasana : Surya Namaskaram



Yoga asana : Sirsha-asana



Purna Dhanurasana



Purna Bhujangasana



**Poorna Salabhasana**



[Padma Mayurasana](#)



Dandasana



**Session of Meditation by Dr. Sai Samyukta, Assistant Professor,  
Department of OBGY.**