



INTERNATIONAL WOMENS DAY PROGRAMME

Great Eastern Medical School & Hospital Women Parliament launch on 08-03-2017.

Programmes :

Open song: A. Sneha, Manasa, Ramya Priyanka, Rajeshwari)

Theme dance : Pradeepthi, Divya

Introduction : Dr. Prasanna Kumari

Inauguration of GEMS Women's Parliament & talking on oath, Principal – Dr. I. Jyothi Padmaj

Community Medicine HOD address on women empowerment about GEMS & Hospital

Women Parliament – Dr. Samina Ausvi

Be your own SHE hero – S. Akhila

Health & Nutrition of women – A. Sai Ujjwala

Role play – BPT Students

Women in research and innovation – B. nithya reddy

Women in decision making – P. Santoshna

Poem on women – A. Sneha

Building your own identity – K. Ramya Jyothi

Rights of women – Shaik Hameeda

Women Empowerment – Prathima Das

Role Play – MBBS Students

Anchors of the programme – M. Deekshitha, G. Rajeshwari



GEMS & H WOMEN PARLIAMENT



President

Dr.I Jyothi Padmaja

Vice-President

Dr.Samina Ausvi

General Secretary

Dr.R.Prasanna Kumari

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Dr.M.Kalayani

Mrs.N.Neeraja Rani

Founder Members

P.Santhoshna

A.Sneha

Prathima Das

Shaik Hameeda

B.Nithya Reddy

A.Sai Ujjawala

M.Deekshitha

D.Manisha

S.Akhila

K.Ramya Jyothi







Proposed activities to be conducted under GEMS
Women's Parliament

1. Health education particularly personal hygiene and menstrual hygiene
2. Premarital advices
3. Selection of right age of marriage
4. Timing and types for acceptance of contraception
5. Mother craft education
6. Education on nutritional practices
7. Mother as the best manager (home economies – planning, management & evaluation.
8. Women's safety and fitness _ (Martial art & Judo karate training) physical exercises for fitness.
9. Digital literacy skills in day to day life
10. Applied social science & behavioural practives (application wirting, online form filling, banking procedures etc)
11. Language learning classes – English, Hindi, Telugu
12. Advises regarding immunization for girls, mothers and their babies
13. "Beti Bachao, Beti Padhao" Campaign
14. Awareness about rights of women
15. Motivation for involvement in sports
16. Vocational guidance and support to needy women
17. Unbeatable women of India (Sharing motivational stories)
18. Fund raising for academically excellent girls from low socio economies strata by saving some amount from birthday parties of the students.
19. Collection of unused clothes and distribution of it to the poor and needy people (old age homes/orphanages)
20. Research activities



"We can, I can" World Cancer Day - 4 th February 2018
Activity presenters –

M. Vineetha Sai Swetha- Risk factors & warning signs of cancers.

V. Swarna Sree - Breast Self Examination (BSE) demonstration

T. Sree Lekha - Prevention of cancers



International Women's Day Celebration (8 th March 2018)
Theme - "Time is Now. Rural and urban activists
transforming women's lives."

